



ARE YOU SURE

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Music:	"Are You Sure" from the Helmut Lotti double CD titled "Crooners"	
	Song is on CD titled "My Way" Track #9	Speed: As on CD
Footwork:	Opposite-direction for man except where noted	
Phase:	IV Foxtrot	Released: March 2008
Sequence:	Intro - A - B - A - B - Ending	

INTRO

1 - 4 LOP FCG DLW WAIT TWO MEASURES;; HOVER TELEMARK; SLOW SIDE LOCK;

1 - 4 wait LOP facing DLW lead foot free for both;; [**Hover Telemark**] fwd L,-, sd & fwd R risg sltly w/1/4 RF bdy trn, fwd L on toe SCP DLW; [**Slow Side Lock**] thru R, -, sd and fwd L to CP, cross R in bk of L trng slightly lft fc [thru L comm lft fc trn, -, sd and bk R cont trn to CP, cross L in frt of R] DLC;

PART A

1 - 4 REVERSE TURN;; THREE STEP; CURVED FEATHER;

1 - 4 [**Reverse Turn**] fwd L twd DC blending to CP rising commence LF turn, -, sd arnd ptr R [W: heel turn], bk L twd LOD; bk R commence LF turn, -, sd & fwd L pointing DW body turns less, fwd R left sd leading & outsd ptrn in CBJO; [**Three Step**] fwd L, -, fwd R blending to CP/LOD, [**Curved Feather**] fwd L; Fwd R start RF trn, -, fwd L cont trn (sd R), fwd R BJO fc RLOD;

5 - 8 BACK FEATHER; FEATHER FINISH; REVERSE WAVE HALF; START CHECK & WEAVE;

5 - 8 [**Back Feather**] bk L,-, bk R w/ R shldr ld, bk L CBMP (W fwd R btw M's ft,-, fwd L, fwd R CBMP); [**Feather Finish**] bk R, -, trng LF bk & sd L, thru R (XLib) BJO DW; [**Reverse Wave Half**] fwd L strtg LF trn,-, sd R twd LOD, bk L twd DLW; [**Start Check & Weave**] chk bk R fcg RLOD, -, fwd L to RLOD, sd R;

9 - 12 FINISH CHECK & WEAVE; THREE STEP; FWD & RUN TWO; TELEMARK TO SCP;

9 - 12 [**Finish Check & Weave**] bk L to LOD, bk R trn LF (fwd L trn), sd & fwd L (sd & bk R), fwd R BJO DLW (bk L); [**Three Step**] fwd L, -, fwd R blending to CP/LOD, fwd L; [**Fwd & Run 2**] fwd R, -, fwd L, fwd R; [**Telemark to SCP**] fwd L start LF trn, -, sd R cont LF trn, sd & fwd L (W bk R start LF trn, -, cl L to R cont LF trn, sd & fwd R) to SCP/LOD;

13 - 16 MANEUVER; SPIN TURN; HALF BOX BACK; CHANGE OF DIRECTION;

13 - 16 [**Maneuver**] fwd R manuv CP/RLOD, -, sd L, cls R; [**Spin Turn**] bk L pivot 3/4 RF, fwd check R, rec L ending CP WALL; [**Half Box Back**] bk R, -, sd L, cls R to L; [**Change Of Direction**] fwd L twd LOD comm LF turn and no rise, -, sd R cont LF turn to end in CP facing DC, draw L to R;

ARE YOU SURE

PART B

1 - 4 DIAMOND TURN ENDING IN SCAR;;;:

1 - 4 [Diamond Turn] fwd L trng LF 1/4 to CBJO/DRC, -, bk R, bk L; Bk R trng LF 1/4 to DRW, -, fwd L, fwd R; Fwd L trng LF 1/4 to DW, -, bk R, bk L; Bk R, -, sd L, cl R lead lady to SCAR;

5 - 8 CROSS HOVER TO BJO; MANEUVER; IMPETUS TO SCP; START IN & OUT RUNS;

5 - 8 [Cross Hover To BJO] XLIF of R (W XRIB), -, sd R with a slight rise, rec L to BJO/DC; [Maneuver] trn RF fwd R,-, trn RF sd & bk L slight sway right, cls R to L end CP/RLOD; [Impetus] bk L trng RF,-, cl R to L cont RF trn on L heel transfer wgt to R, cont body trn RF sd & fwd L to SCP (W fwd R outsd ptr trn RF,-, sd & fwd L trn RF brush R to L, trn RF sd & fwd R to SCP); [Start In & Out Runs] fwd R trng RF,-, sd & bk L dlw to CP, bk R to CBJO/RLOD; (W fwd L,-, fwd R to CP, fwd L to CBJO:)

9 - 12 FINISH IN & OUT RUNS; MANEUVER; OUTSIDE CHG TO BJO; HALF NATURAL;

9 - 12 [Finish In & Out Runs] bk L trng RF,-, cont RF trn sd & fwd R to CP, fwd L (W fwd R) to SCP dlw; [Maneuver] fwd R manuv CP/RLOD, -, sd L, cls R; [Outside Change to BJO] bk L, -, bk R trng lf fc bkg DLC, cont trn sd and fwd L (cont trn sd and bk R) BJO DLW; [Half Natural] fwd R between partner's feet rising commence RF turn, -, side and around partner L (W heel turn), Bk R down LOD in CP;

13 - 16 TWO RIGHT TURNS;; WHISK; SLOW SIDE LOCK;

13 - 16 [Two Right Turns] bk L trn RF, -, sd R LOD, cl L; fwd R cont RF trn, -, sd L, cl R to CP/WALL; [Whisk] fwd L, -, fwd and sd R, XLIB of R; [Slow Side Lock] thru R, -, sd and fwd L to CP, cross R in bk of L trng slightly lft fc [thru L comm lft fc trn, -, sd and bk R cont trn to CP, cross L in frt of R] DLC;

ENDING

1 - 4 TWO LEFT TURNS;; SLOW SIDE DRAW TOUCH; RIGHT LUNGE & HOLD;

1 - 4 [Two Left Turns] fwd L comm LF upper body trn,-, cont trn sd & bk R, do L; bk R comm LF upper body trn -, cont trntofcwall sd & fwd L, clsR to L; [Side Draw Touch] sd L, -, draw R to L, tch R to L; [Right Lunge] sd & slightly fwd on R on strong beat with relaxed R knee & L sd stretch both looking RLOD,-, hold,