



I KEEP FORGETTING

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Record:	Decca 0881721327 "I Keep Forgetting" by Lee Ann Womack
Footwork:	Opposite-direction for man except where noted Speed: 46
Phase:	IV Rumba Released: Nov 1999
Sequence:	Intro - A - B - A - B(1-16) - INTER - A(1-8) - ENDING

INTRO

1 - 4 WAIT; WAIT; CUCARACHA LEFT & RIGHT:

1 - 4 wait OP M facting Ptr and wall two measures;; sd L, rec R, cl L, -;
sd R, rec L, cl R blending to BFLY/WALL, -;

PART A

1 - 4 FULL BASIC;; NEW YORKER; START CRAB WALKS:

1 - 4 fwd L, rec R, sd L, -; bk R, rec L, sd R, -; drop trailing hands XLIF of R twd LOD (W XRIF of L), rec R/BFLY, sd L, -; XRIF of L twd RLOD, sd L, XRIF of L, -;

5 - 8 FINISH CRAB WALKS; SPOT TURN; HAND TO HAND TWICE;;

5 - 8 sd L, XRIF of L, sd L, -; trng $\frac{1}{4}$ LF (W RF) thru R, trng $\frac{1}{2}$ LF (W RF) cont trn LF (W RF) rec L to BFLY/COH, sd R, -; drop lead hands XLIB of R (W XRIB of L), rec R/BFLY, sd L, -; drop trailing hands XRIB of L (W XLIB of R), rec L/BFLY, sd R, -;

9 - 12 SHOULDER TO SHOULDER TWICE;; FENCELINE; START SERPIENTE:

9 - 12 rk fwd L /DW RLOD to momentaru SCAR position, rec R, sd L, -; Rk fwd R/DWLOD to momentary BJO position, rec L, sd R, -; in BFLY XLIF of R (W XRIF of L) twd RLOD, rec R, sd L, -; thru R, Sd L, XRIB (W XLIB), with relaxed R knee fwd & flare L CCW- (W R CW);

13 - 16 FINISH SERPIENTE; FENCELINE; CUCARACHA LEFT & RIGHT;;

13 - 16 cross L in bk, sd R, cross L in frt, flare R CCW (W L CW); XRIF of L (W XLIF of R) twd LOD, rec L, sd R, -; sd L, rec R, cl L, -; sd R, rec L, cl R blending to BFLY/WALL, -;

PART B

1 - 4 CHASE;;;:

1 - 4 fwd L trng R fc COH (W bk R no trn), recover R, fwd L, -; fwd R trng L fc WALL(W trn R fc), rec L, fwd R, -; fwd L (W fwd R trn L fc fcg prtnr), rec R, bk L, -; bk R, rec L, fwd R;

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5 - 8 1/2 BASIC; FAN; HOCKEY STICK;;

5 - 8 fwd L, rec R, sd L, -; bk R, rec L, sml sd R, (W fwd L, trng LF sml bk R, fcg RLOD bk L) -; Fwd L, rec R, cl L (W cl R, fwd L, fwd R),-; Bk R, rec L, sd & fwd R twds DRW (W fwd L, fwd R turn LF $\frac{1}{2}$, sd & bk L to fc ptr),-;

9 - 12 ALEMANA;; 1/2 BASIC; WHIP TO FACE COH;

9 - 12 fwd L, recover on R, sd L (W bk R, rec L, fwd R twd prtnr), -; bk R, recover on L, sd R (W XLIF trn R fc, fwd R cont trn, sd L to M's R sd), -; fwd L, rec R, sd L, -; bk R trn LF fc LOD, fwd L cont trn to COH, (w fwd L across & in front of M twd COH trn LF, sd cont trn to fc,) rec on L, sd R blending to BFLY/COH;

13 - 16 NEW YORKER TWICE;; 1/2 BASIC; WHIP TO FACE WALL;;

13 - 16 drop trailing hands XLIF of R twd RLOD (W XRIF of L), rec R, sd L, -; drop leading hands XRIF of L twd LOD (W XLIF of R), rec L, sd RBFLY, -; bk R trn LF fc RLOD, fwd L cont trn to WALL, (w fwd L across & in front of M twd WALL trn \LF, sd R cont trn to fc,) rec L, sd R blending to BFLY/WALL;

17 - 18 MERENGUE 8;;

17 - 18 stepping sd L with the outside of L ft off the floor and the instep touching the floor sd L, rolling the L sd of L ft on to the flat part of the floor cls R to L, (repeat 3 more times) sd L, cls R to L; sd L, cls R to L, sd L, cls R to L;

INTERLUDE

1 - 4 NEW YORKER TWICE;; SHOULDER TO SHOULDER TWICE;;

1 - 4 drop trailing hands XLIF of R twd RLOD (W XRIF of L), rec R, sd L, -; drop leading hands XRIF of L twd LOD (W XLIF of R), rec L, sd R blending to BFLY/WALL, -; rk fwd L /DW RLOD to momentary SCAR position, rec R, sd L, -; Rk fwd R/DWL0D to momentary BJO position, rec L, sd R, -;

5 - 6 MERENGUE 8;;

5 - 6 stepping sd L with the outside of L ft off the floor and the instep touching the floor sd L, rolling the L sd of L ft on to the flat part of the floor cls R to L, (repeat 3 more times) sd L, cls R to L; sd L, cls R to L, sd L, cls R to L;

ENDING

1 - 2 TWO SIDE CLOSES; SIDE CORTE;

1 - 2 sd L, cls R to L, sd L, cls R to L; sd L, turn to RSCP RLOD pt R twd rev, -;