



THE TRAIN OF LOVE

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Music:	"The Train Of Love"		Artist:	Helmut Lotti
	from the CD titled "Crooners - My Way" track #2			
Footwork:	Opposite-direction for man except where noted		Speed:	As on CD
Phase:	IV Foxtrot		Released:	March 2008
Sequence:	Intro - A - B - A - B(Modified)			

INTRO

1 - 4 LOP FCG DRW WAIT TWO MEASURES;; CLOSE UP & TOUCH; FEATHER FINISH;

1 - 4 wait LOP fcg DRW M's L & W's R foot free;; [Close Up & Tch] fwd L,-, draw R trn RF, tch R to CP DRW; [Feather Finish] bk R trn LF,-, sd & fwd L, fwd R to BJO DC;

5 - 6 REVERSE TURN;;

5 - 6 [Reverse Turn] fwd L,-, trn sd & bk R, bk L (W bk R,-, cl L heel trn, fwd R) to CP RLOD; bk R trn LF,-, sd & fwd L, fwd R to BJO DW;

PART A

1 - 4 HOVR TELEMAR; OP NATURAL; BACK & A BACK/LOCK BACK; IMPETUS TO SCP;

1 - 4 [Hover Telemark] fwd L DW, -, sd & fwd R with R sd stretch rise and turn W to SCP, fwd L DW; [Open Natural] M fwd R turn RF,-, sd & bk L, bk R blend to contra BJO with R shoulder lead back DW (W fwd L,-, R, L); [Back Back/Lock Back] strong rt side lead bk L, -, bk R/Lk LIF, bk R; [Impetus to SCP] bk L turn RF,-, cl R to L cont turn (W fwd around M brush R to L), fwd L DC SCP;

5 - 8 SEMI CHASSE; THRU CHASSE TO BJO; OP NATURAL; HESITATION CHG TO DLC;

5 - 8 [Semi Chasse] thru R DC,-, turning RF to fc sd L/cl R to L, sd L blend to SCP DC (no turn); [Thru Chasse to BJO] thru R DLC, sd L/cl R, sd & fwd L (W thru L, sd R commencing to trn LF/cl L, sd & bk R cont LF trn) to BJO DLW; [Open Natural] M fwd R turn RF,-, sd & bk L, bk R blend to contra BJO with R shoulder lead back DW (W fwd L,-, R, L); [Hecitation Change] bk L trn RF, -, sd & fwd R, draw L to R CP/DLC,-;

9 - 12 OP TELEMAR; NATURAL HOVR FALLAWAY; SLIP PIV TO BJO; MANUVER;

9 - 12 [Open Telemark] fwd L DC trn LF, -, fwd & sd R arnd W cont LF trn (W heel trn), sd & fwd L to SCP DLW; [Natural Hover Filwy] fwd R with slight RF trn, -, fwd L on toe trng RF with slow rise, rec bk on R fcg DRW ; [Slip Pivot to BJO] bk L, -, bk R trng LF keeping L extended, fwd L twd DW in CBJO ; [Manuver] fwd R trug RF, -, sd L twd WALL, cl R to fc RLOD ;

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PART A (Continued)

13 - 16 TWO RIGHT TURNS TO CP/LOD;; THREE STEP; FEATHER;

13 - 16 [2 Right Turns] bk L trn RF, -, sd R LOD, cl L; fwd R cont RF trn, -, sd L, cl R to CP/LOD;
[3 Step] fwd L, -, fwd R, fwd L; [Feather] fwd R, -, fwd L, fwd R outsd prt in CBMP; (W bk L, -, bk R, bk L to CBMP;)

PART B

1 - 4 DIAMOND TURN;;;;

1 - 4 [Diamond Turn] fwd L start LF trn,-, sd R cont LF trn, XLIBR contra BJO DRC; bk R cont LF trn,-, sd L cont LF trn, XRIFL contra BJO DRW; fwd L cont LF trn,-, sd R cont LF trn, XLIBR contra BJO DW; bk R cont LF trn,-, sd L cont LF trn, XRIFL contra BJO DC;

5 - 8 TELEMARK TO SCP; THRU FACE CLOSE; TWIRL VINE THREE; PKUP SIDE CLOSE;

5 - 8 [Open Telemark] fwd L,-, fwd R trn LF, fwd L (W bk R,-, cl L heel trn, fwd R) to SCP DW;
[Thru Face Close] thru R twd LOD, -, fwd L trng to fc ptr & wall, cls R to L;
[Twirl Vine 3] sd L, -, XRIB of L, cls R (W twirl RF R, -, L, R); [Pkup Side Close] fwd R picking W up to CP/LOD, -, sd L, cl R;

9 - 12 TURN L & CHASSE TO BJO; BACK & A BACK/LOCK BACK; IMPETUS TO SCP; START IN & OUT RUNS;

9 - 12 [Turn Left & Chasse to BJO] fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
[Back Back/Lock Back] in BJO bk L, bk R/lk LIFR, bk R; [Open Impetus] bk L,-, cl R heel trn, sd & fwd L to SCP DC; [Start In & Out Runs] thru R beg RF trn,-, sd & bk L (W fwd R betw M's feet) to CP RLOD, bk R to BJO RLOD;

13 - 16 FINISH IN & OUT RUNS; MANUVER; OVER SPIN TURN; BOX FINISH;

13 - 16 [Finish In & Out Runs] bk L beg RF trn,-, cont RF trn sd & fwd R bet W's feet, fwd L to SCP DC; [Manuver] fwd R trng RF,-, fwd L cont trng RF to fc ptr, cl R to CP RLOD;
[Over Spin Turn] CP RLOD bk L pivoting 1/2 RF,-, fwd R cont trn to fc WALL rising on ball of R foot with L leg extended bk & sd, rec sd & bk L (W fwd R pivoting 1/2 RF, bk L cont trn brushing R to L, fwd R) to face CP WALL; [Box Finish] CP WALL bk R trng 1/4 LF to fc LOD, sd L, cl R to CP LOD

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PART B (Modified)

1 - 4 DIAMOND TURN;;;:

1 - 4 repeat meas 1-4 of Part B

5 - 8 TELEMARK TO SCP; THRU FACE CLOSE; TWIRL VINE THREE; PICKUP SIDE CLOSE;

5 - 8 repeat meas 5 - 8 of Part B

9 - 12 TURN L & CHASSE TO BJO; BACK & A BACK/LOCK BACK; IMPETUS TO SCP; START IN & OUT RUNS;

9 - 12 repeat meas 9 to 12 of Part B

13 - 15 FINISH IN & OUT RUNS; THRU FACE CLOSE; FWD TO A RIGHT LUNGE;

13 - 15 repeat meas 13 of Part B; [Thru Face Close] stp thru on R, -, fwd on L trng to fc ptr & wall, cls R to L; [Forward to a Right Lunge] fwd L, -, flex L knee move sd & slightly fwd (W bk) onto R keepng L sd in twd ptr, as wt is taken on R flex R knee & make slight body trn LF & look at ptr;